GUIDING PRINCIPLES

- Many graduate students and postdocs would like to do something to promote women in astronomy and help create a female-friendly workplace, but their time for such activities is limited.
- CSWA has generated this list of suggestions which was inspired by the comments of attendees of the “Women in Astronomy III” conference held Oct 21-23, 2009, College Park, MD.
- Women and men are equally talented and deserve equal opportunity.
- Full participation of men and women will maximize excellence in the field.
- We can all make a difference, one step at a time.

For details or for more copies of this brochure, please visit the AAS/CSWA website:
http://www.aas.org/cswa/
PASADENA RECOMMENDATIONS
1. Get your department/company/organization to endorse the Pasadena Recommendations.
   Start by going to the web site to check the endorsements:
   http://www.aas.org/cswa/pasadena_endorse
   Not there? Links to the full set of recommendations as well as a summary brochure are available at the top of the page.
   Note: it is not important that all the recommendations are currently followed; it is important that the principles are supported.

BROCHURE
2. Create a brochure of the family-friendly policies. For an example, here’s one from STScI:
   http://www.aas.org/cswa/STFam.pdf

CSWA-SPONSORED AAS SESSIONS
3. Invite your department chair/boss/research supervisor to attend a CSWA-sponsored session and/or Town Hall at the next AAS meeting.
   This information is available on the AAS meeting web site.

AASWOMEN
4. Get a friend/colleague to subscribe to AASWOMEN, CSWA’s weekly electronic newsletter.
   Simply send e-mail to majordomo@aas.org, with message in the BODY: subscribe aaswlist your_email_address

STATUS
5. Get your friends/colleagues to read STATUS, CSWA’s semiannual publication.
   It consists of original and reprinted articles on topics relating to women in astronomy, in science and/or in society. Then get together to discuss an article.
   http://www.aas.org/cswa/STATUS

AAS WORKSHOP
6. Attend a career development workshop at an AAS meeting.

POSTDOC SOCIALIZING
7. Put together an e-mail list of the postdocs in your department/research group and invite them all out for coffee.
   Suggestion from: Amber Straughn (GSFC)

LUNCH TALK
8. Present a lunch talk in your department/research group summarizing the info and outcomes of the Women in Astronomy III conference.
   Suggestion from: Laura Lopez (UCSC)

JOIN A GROUP
9. Join the Women in Astronomy/Physics/Science group in your department/research group. Such a group doesn't exist? Start one!
   Suggestion from: Sonali Shukla (Penn State)

SUGGESTIONS?
10. Make a suggestion to add to this list. Send it to: AASWOMEN@aas.org